

## **ABSTRACT OF THE DISCLOSURE**

An embodiment of the invention provides a method of treating a target tissue site method comprising selecting the tissue site based on a tissue profile or condition of the tissue site; delivering energy to the tissue site at a first depth to achieve a first tissue effect using an energy delivery device; delivering energy to the tissue site at a second depth to achieve a second tissue effect using an energy delivery device; and remodeling at least a portion of tissue at the tissue site.